NURTURING FATHERS Program
At Families Network of Western CT, Inc.

Tuesday evenings
Nov 9, 2021 through Feb 15, 2022
6:00 – 8:30 pm
Location: The Joy Center
264 Main Street, Danbury  (203) 791-8773

A men's program (dads, grandfathers, uncles, mentors and other fathering-figures welcome) designed to help fathers let go of fathering practices that don't work, adopt new practices that increase their self-concept, and work toward more nurturing, rewarding relationships with children and partners.

Some topics that will be covered:
Unique role of fathers
Relating to feelings
Fathering sons / Fathering daughters
Communication / Conflict resolution
Stress and anger management
Teamwork / Co-parenting
Self-nurturing principles
Time, work, and fathering
Discipline / Limits

Register now by calling  203-791-8773

The Nurturing Fathers Program is a 13-week fathering training course designed to teach parenting and nurturing skills to men. Each 2½ hour fathering class provides proven, effective skills for healthy family relationships and child development.
Light Dinner is provided.